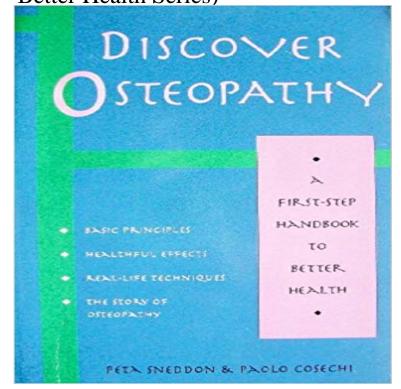
Discover Osteopathy: A First-Step Handbook to Better Health (Discover Better Health Series)



In todays stressful world, people are turning increasingly to alternative ways of achieving and maintaining better health. This new series offers the perfect introduction to a range of healing techniques that can be used either independently or as a complement to traditional medical treatment. Each book includes information on the history and principles of the technique, case studies, and practical guidance on how to apply it.Osteopathy is often considered to be something less than a proven science. Not so. Osteopaths in the U.S. graduate from medical schools and are licensed to practice medicine just like M.D.s. Unlike M.D.s, however, osteopaths do not treat symptoms but rather encourage the bodys capacity to restore itself by remedying physical imbalances.In Discover Osteopathy, two osteopaths explain the basic principles of osteopathy; how it works; its use in pregnancy, childbirth, dentistry, sports injuries, and accidents; and when to visit an osteopath.

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

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