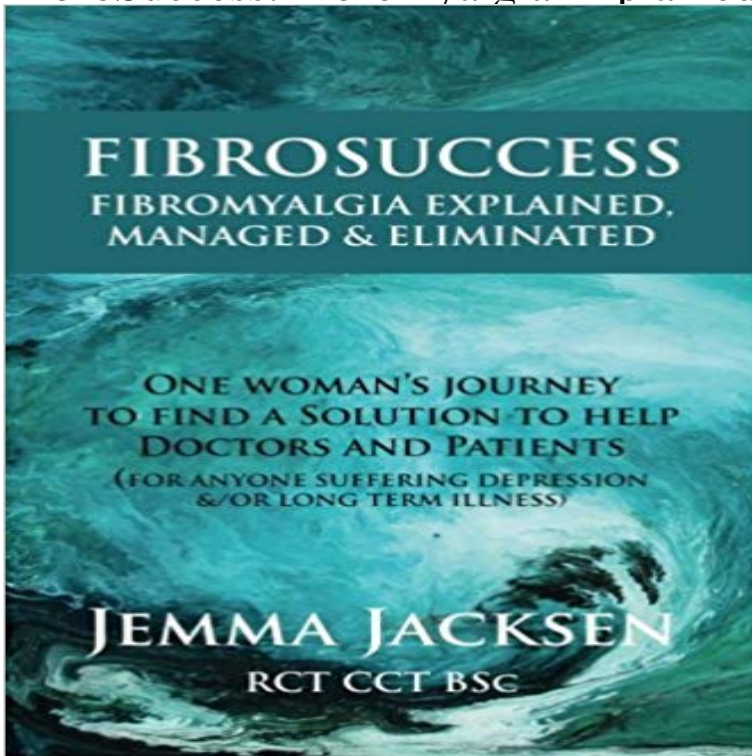


## FibroSuccess: Fibromyalgia Explained, Managed & Eliminated



Finally, Fibromyalgia explained!!...New book Fibrosuccess- Fibromyalgia Explained, Managed & Eliminated .....Fibrosuccess is just that success with Fibro! Bigger font, easy to follow layout, easy to read, created for fibro readers. It is a concise how to that is a mind, body, spirit approach to resolving Fibromyalgia. The author Jemma Jacksen RCT CCT BSc was diagnosed, by two well known doctors, with fibro and found methods to help heal herself, one doctor was the very first to buy her Book. Fibromyalgia can be very debilitating and Jemma wishes to, through this very positive book, encourage you to believe you can heal and be pain-free again. 2/3 of the book is dedicated to helping fibro while last 1/3 is dedicated to simple psychotherapy and spiritual issues we all deal with in long term illness. The body and mind are treated as ONE, it is natural methods and more eastern medicine approach. Within the pages are inspirationally topics such as energy, stress, depression, insomnia, trauma and pain, etc and how to help them all. Jemmas points of view are unique and groundbreaking as she Explains how fibro even comes to be (and plus why women are more affected) and duly how it can be fixed or alleviated. You may feel better within weeks to months using her simple plan. It is inexpensive too and she doesnt promote nor sell products. It is truly one knowledgeable womans journey to get better and Jemma has pre-med studies from the elite University of British Columbia specializing in Agriculture (BSc (Agr) ). As well, Jemma is a Registered International Cardiac Technologist. She has a deep understanding of Anatomy, Physiology & Nutrition. Astounding recoveries and testimonials already reported and she just launched one month ago at UBC in June 2015. St. Pauls Hospital in Vancouver , at the Chronic Pain Clinic, is hoping to have her speak at the

hospital about her recovery and methods to help those who suffer. She is also doing many other support groups speaking engagements in surrounding Vancouver. This book is just 290 pages, again easy to read and Jemma helps you by being slightly repetitious. Get your copy today and share with others and hopefully you too will experience recovery, at minimum you will gain from the spiritual insights and nuggets of wisdom within the pages. Jemma is very proud of this as it took her 5 years to write and she believes strongly, while not helping 100%, it may help many, like 25 % of sufferers of horrible fibromyalgia. This will be millions. Be one of the first to read it all. E-book and audio book avail by the end of the year but easiest to read in Print as you can flip back and forth and keep on deck as a reference. We get so comfortable with pain, we get stuck in suffering, We dont have to (jemma).....get better sooner rather than later, have hope, it can happen as it did for Jemma! She is very generous to be putting this book and its contents out to the world to help resolve pain. Is very good for helping arthritis too and Rheumatoid arthritis, ME, CFS, and maybe MS.

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

Abravanel's World of Torah: Shemot Volume II concludes Sefer Shemot. It features an in depth analysis of the Mishkan (Tabernacle), the Thirteen Attributes, and much more.

Vayikra is due out in the Spring of 2017.

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