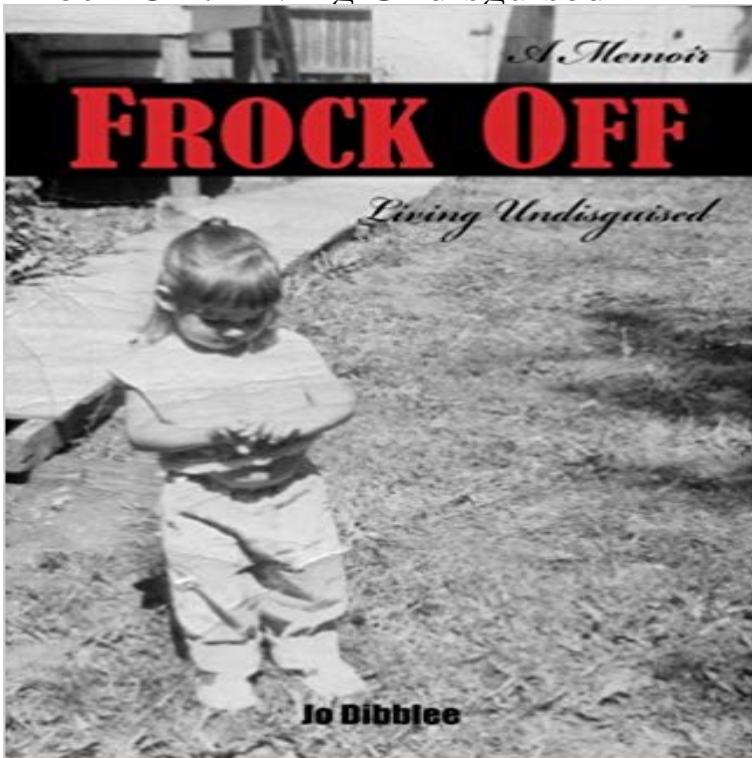


Frock Off: Living Undisguised



Frock Off: Living Undisguised With parents tormented by secrets, guilt, and shame, Jo Dibblee quickly learned to protect herself. Faced with her parents alcoholism, drug abuse, and depression, along with the sexual assault and stalking of an upstanding foster parent, Jo began, early in life, to use a coping strategy she now calls frocking. With humor and hope, Jo shares the harrowing rollercoaster of her life story and gives the low-down on frocking how she learned it and used it to survive, how she found it holding her back and what she had to do to, once and for all, Frock Off. Despite harsh truths, brushes with death and agonizing betrayals, Jo's heart shines through these pages, offering promise, wisdom and inspiration to any reader who has learned to hide and longs to be free.

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

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