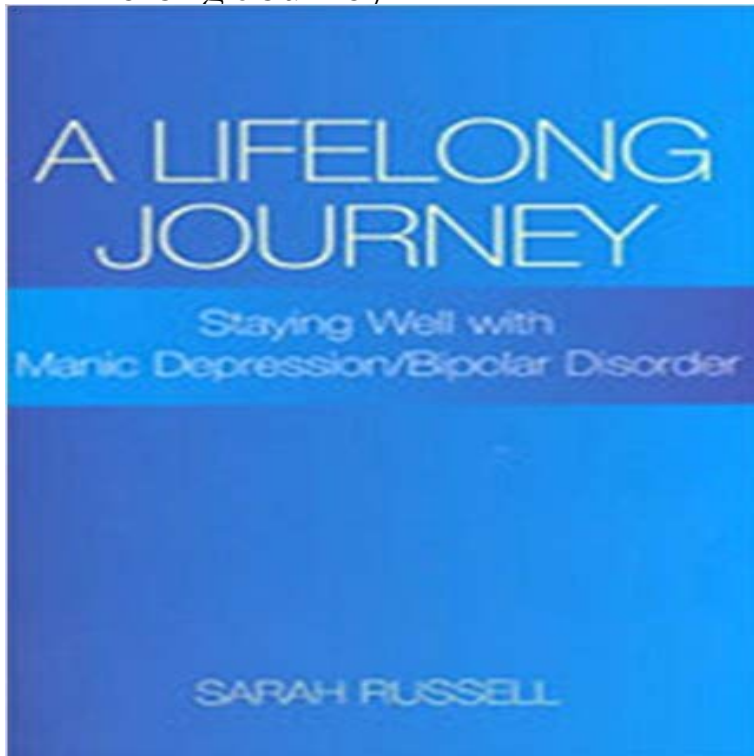


A Lifelong Journey



Many people with manic depression, also known as bipolar disorder, are living happy and fulfilling lives. How do they manage to stay well? Contributors to this book discuss many different ways to stay well. It is rarely just about seeing a psychiatrist and taking prescribed medication. It is often about so much more. People who contributed to this collection are working as social workers, engineers, lawyers, stock brokers, nurses, builders, general practitioners, factory workers and so on. Many are parents. Each contributor speaks about manic depression in a personal and unique way. Together, they provide evidence that people with manic depression can, and do, stay well.

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

Abravanel's World of Torah: Shemot Volume II concludes Sefer Shemot. It features an in depth analysis of the Mishkan (Tabernacle), the Thirteen Attributes, and much more.

Vayikra is due out in the Spring of 2017.

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