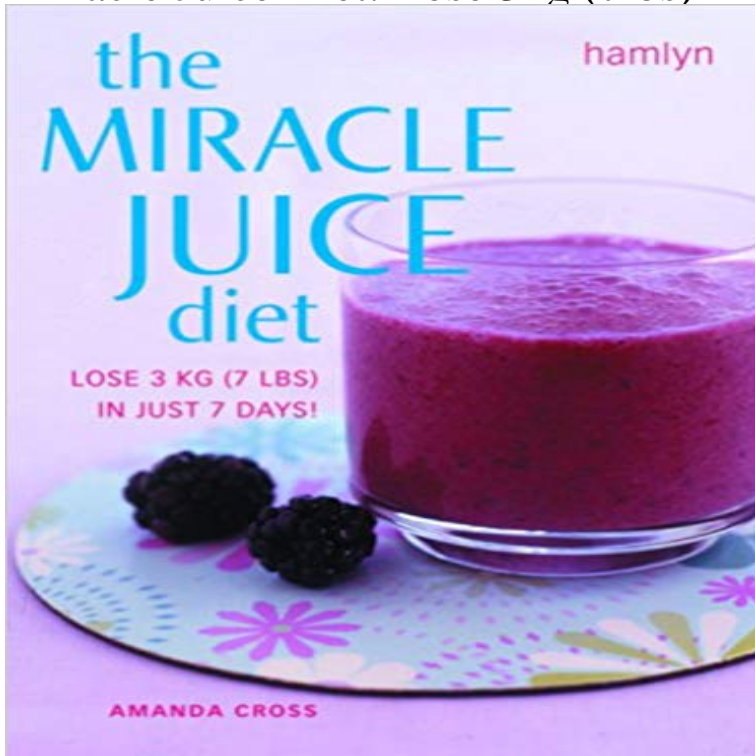


Miracle Juice Diet: Lose 3kg (7lbs) in Just 7 Days!



Juice it...and lose it! Amanda Cross, whose Miracle Juices (co-written with Charmaine Yabsley) sold more than 170,000 copies worldwide, is back with a juice diet that's positively life-changing. Whether the goal is to fit into a special outfit, look beach-ready, or kickstart long-term weight-loss, this incredible fast-track plan will do the trick. It contains 42 simple recipes for delicious, be-good-to-yourself juices that will cleanse your system, rid your body of toxins, and take off seven pounds in just seven days. Start the morning with a Lemon and Ginger Infusion, go on to Flat Belly Berry, and wind down with herbal tea. You'll also get motivational tips, ideas for daily treats, and gentle exercise routines to help things along.

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

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