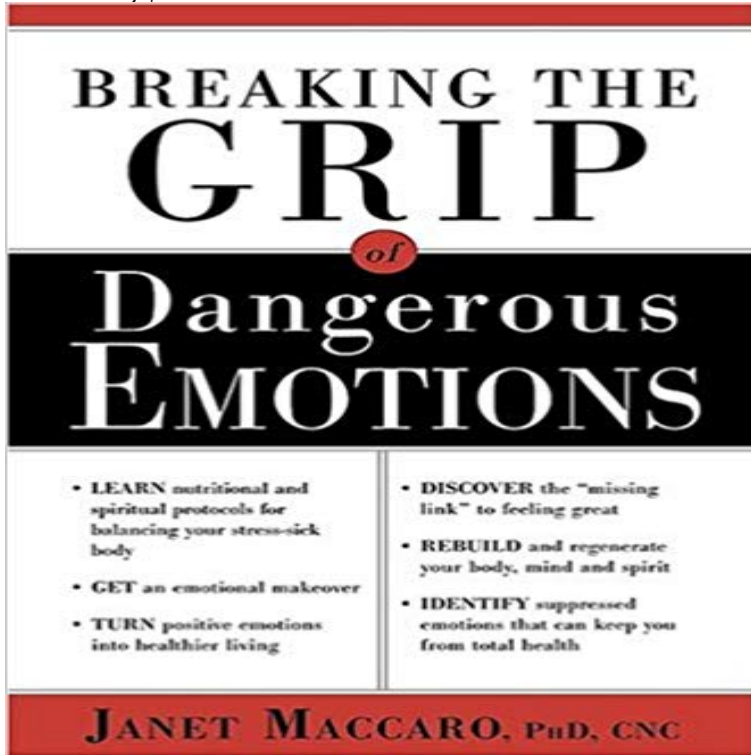


# Breaking The Grip Of Dangerous Emotions: Dont Break Down - Break Through!



Dont Break Down - Break Through! Get back on the road to health and happiness! Stop letting dangerous emotions rob you of your joy as you discover the truth about worry and stress. Learn how to replenish your physical body with natural foods that restore your health. Explore exciting and proven protocols for rebuilding and regenerating your body, mind and spirit as you embrace one of the greatest healing miracles of all time-unconditional love. **YOU WILL LEARN ABOUT:**  
Natural stress busters                      Identifying unresolved traumas                      Four levels of stress and personality types                      Tips to banish brain clutter                      This book is your blueprint to help break the grip of past emotional wounds. Your time of personal renewal is here!

Abravanel's World of Torah, upon completion, will comprise a multi-volume set of Don Yitzchak Abravanel's commentary to the Five Books of Moses. This series is not a linear translation but rather a methodical, structured interpretation of Abravanel's commentary. It is designed to be read and studied independently or can be used as an excellent guide and helpful companion to the Hebrew original.

Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

Abravanel's World of Torah: Shemot Volume I covers the first six parshiyot in Sefer Shemot. This volume features a systematic translation of Abravanel's classic commentary beginning with Parashat Shemot until the end of Parashat Mishpatim, plus much more.

Abravanel's World of Torah: Shemot Volume II concludes Sefer Shemot. It features an in depth analysis of the Mishkan (Tabernacle), the Thirteen Attributes, and much more.

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