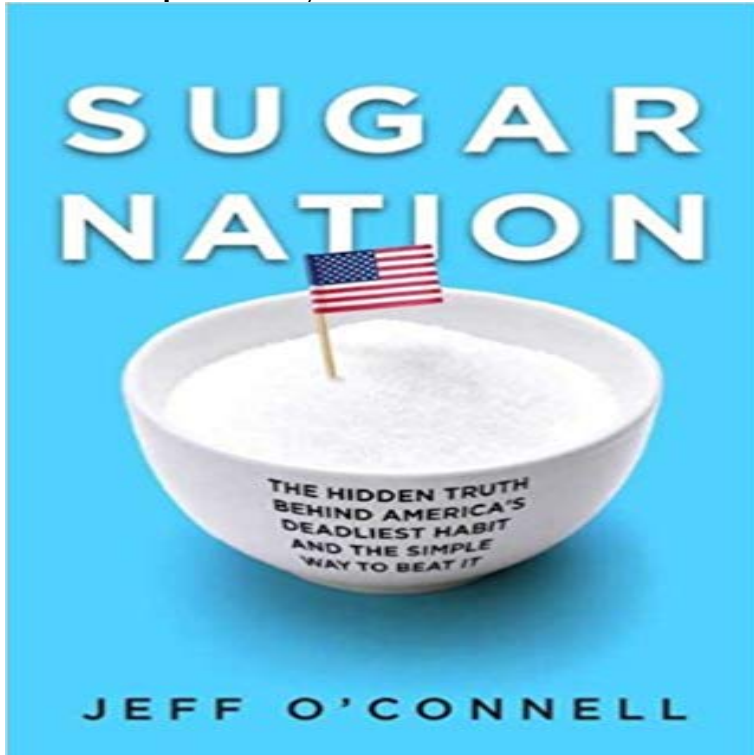


Sugar Nation: The Hidden Truth Behind Americas Deadliest Habit and the Simple Way to Beat It



THIS BOOK COULD SAVE YOUR LIFE-Every five seconds, one more person develops diabetes.-Worldwide, 285 million people are affected by type 2 diabetes.-Many of them have no idea.Here is the personal story of one man who has unearthed the mysteries of this global epidemic and offers hard-won practical advice for how readers can take control of their lives and combat this deadly disease.Sugar Nation is a must-read! As a fitness expert myself, who has dealt with family diabetes and coaching families on how to limit their sugar intake, this book is a fundamental tool in educating the world on just how dangerous dietary sugar can be. Jeff OConnells direct yet user-friendly approach to this important and overlooked subject is more than refreshing. All will benefit from picking this book up.--Jennifer Nicole Lee, author of The Jennifer Nicole Lee Fitness Model Diet

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Abravanel's World of Torah: Bereshit was originally published by Torah Renaissance Press in 2012. This was followed by a Second Printing (2nd Ed.) in 2013 and a Third Printing in 2014.

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